

JAGRITI : WOMEN DEVELOPMENT CELL

BHARATI COLLEGE, UNIVERSITY OF DELHI

ANNUAL REPORT FOR THE YEAR 2019-20

The teachers of Jagriti WDC are:

- I. DR. SUTAPA DAS (Convener)
- II. DR. SHILPI SAHI (Co-Convenor)
- III. Mr RAVI (Teacher member)
- IV. DR. MADHURI SHARMA (Teacher member)

The Office Bearers elected on 27th September for the academic session 2019-20 were:

- I. HIMANSHI – President
- II. ABHYA – Vice President
- III. AASHIMA - Treasurer
- IV. ANJANA - Secretary
- V. GURLEEN – Management Head
- VI. LAXMI MALARA – Co Management Head
- VII. ANSHU ARYA – Volunteer Head
- VIII. ARUNIMA TIWARI – Cultural Head
- IX. ADITI JHA – Media Head
- X. RANJANA – Media Head
- XI. MITALI – Media head
- XII. JAGRITI – Décor Head
- XIII. PALAK AGARWAL – Décor Head
- XIV. SOMYA ARORA – Sponsorship Manager
- XV. RISHITA TIWARI – First Year Representative
- XVI. KOMAL VERMA – Second Year Representative
- XVII. ANJALI SINGH – Third Year Representative
- XVIII. DIKSHA SIDANA – Content Writer
- XIX. PRIYANKA – Content Writer
- XX. SABA SHEKH - Anchor

XXI. DEEPTI – Anchor

List of the events, workshops and competitions organised in this academic session 2019-20 are as follows:

1. *Seminar on Vaginal Health and Safe Sex – 16th October, 2019*
2. *Debate competition in collaboration with ONGC and Ladli foundations – 24th October, 2019*
3. *Workshop on Street Style Fashion – 8th November, 2019*
4. *#FreedomHair Campaign led by Pantene partnered with Sattva – 27th January, 2020*
5. *Financial Planning; A Lucrative Career by International College of Financial Planning, Bajaj Capital Group Co. – 6th March, 2020*
6. *Experience Sharing talk by Award Winning Entrepreneur Madhu Raj – 6th March, 2020*

REPORT 1

Seminar on Vaginal Health and Safe Sex – 16th October, 2019

Revolution in health care is a result of advancement in Medicine and Nursing as well as the changes occurring in the society. Recent advances in health care system is to promote human health, to prevent disease and optimize wellness.

A seminar on VAGINAL HEALTH and SAFE SEX was organized by JAGRITI, The Women Development Cell of Bharati College on 16th October. We had the honourable founder of Theacare, a women's health corporation and curator of FemmeCon, Ms. Swarnima as our speaker for the seminar. The seminar began with talking about the need of gender equality and feminism in our society these days with making the students more aware of the right based information one must have.

She started the discussion educating about PCOS, vaginal discharge, leqorhia and various other reasons to justify the denial to use vaginal washes.

She further educated students about the various Sexually Transmitted Diseases and what precautions one should take against them.

The event was concluded with a quick questionnaire round where the students' queries were answered by our speaker in the most patient way.

REPORT 2

Debate competition in collaboration with ONGC and Ladli foundations – 24th October,2019

"For good ideas and true innovation, you need human interaction, conflict, argument, debate."

We, Jagriti, the Women Development Cell of Bharati College strongly believe that it is better to debate a question without settle it than to settle a question without debating it.

On 24th October, Jagriti Women Development cell of Bharati College in collaboration with ONGC and Ladli Foundation Trust organised a debate competition. The topic for debate was corruption and had an active participation of debaters from other colleges too.

Corruption in India is an issue which adversely affects the economy of central, state and local government agencies. Not only has it held the economy back from reaching new heights, but rampant corruption has stunted the country's development. A study conducted by Transparency International in 2005 recorded that more than 62% of Indians had at some point or another paid a bribe to a public official to get a job done. In 2008, another report showed that about 50% of Indians had first hand experience of paying bribes or using contacts to get services performed by public offices.

Students expressed their views for and against the motion in an impressive way followed with various real life examples. Mohit from Ramjas College bagged the first position. Shusmita , a student at Motilal Nehru College being the first runner up. A street play was also presented by Asmita Theatre Group on corruption itself which ended with an oath ceremony where students vowed not to indulge themselves in corrupt practices. Certificates were awarded to all the participants along with boxes of refreshment , T-shirts and jute bags from ONGC.

REPORT 3

Workshop on Street Style Fashion – 8th November,2019

Street style fashion is a comprehensive approach to fashion and produces styles which intersect and differ from mainstream fashion considerations. As Shakespeare wrote, "The fashion wears out more apparel than the man." And William Shakespeare wrote this marvelous quote in "The plays of William Shakespeare" depicting that the fashion is much more than the man inside his apparel.

A workshop on street style fashion was organised by Jagriti, the Women's Development Cell of Bharati College on 8th of November, 2019. The show was initiated with the introduction of event by our anchor Deepti and event was further lighted up by the lead speakers with first a warm and brief description to fashion of street world. They explained and clarified the things with the help of ppt and with their Booklets on street style fashion to the students like quotes on the back of trucks, desi pictures or words on phone covers, walls, etc. It was spectacular to see how people create such fashionable things with common material and their innovative ideas.

After this they distributed forms which were to be filled by students of 2nd and 3rd year who were interested in making their career in fashion designing. And a Poster making competition was held to see the fashion skills of participants on the topics: women empowerment, Yoga day, save water and Hunger. Students participated with great enthusiasm.

At the end, refreshments were distributed among the participants and posters were collected from them. Winners were directly contacted by the institution and guided with great opportunities in fashion designing.

REPORT 4

#FreedomHair Campaign led by Pantene partnered with Sattva – 27th January,2020

*"You wanna fly, you got to give up stuff that weighs you down."
Jagriti, the women's development cell of Bharati College, University of Delhi on 27th January organized an interactive session for the students to discuss about their ideas of freedom in seminar hall.*

We had a motivational session with a woman entrepreneur who narrated her own journey and how she did let herself free from a mundane 9 to 5 job and did something she always wanted to. We were introduced to the #FreedomHair campaign led by Pantene that has partnered with Sattva, a mission-driven organisation that creates scalable solutions for social impact, and Josh Talks with the help of a ppt. It really helped girls in exploring and embracing the power of Freedom Hair, having the freedom to follow our dreams and be the narrators of our own story. Their team distributed forms to be filled by girls which helped them to know more about themselves and they interacted with them on the same. The girls shared their ideas and views. Activities like tongue twister and drawing of road map of our lives held for which winners got gift hamper by pantene in last. Gurleen (3rd year) for good tongue twister. Saba shekh (2nd year) for best speaker. Muskan (2nd year) for best road map of her life. This was all about freedom, selfcare and career.

REPORT 5

Financial Planning; A Lucrative Career by International College of Financial Planning, Bajaj Capital Group Co. – 6th March,2020

"Do something today that your future self will thank you for"

We, the team of Jagriti (women's development cell) of Bharati College, University of Delhi decided to organise a session in this regard to aware students about future in financial planning. And, an interactive session on Financial Planning - A Lucrative Career by International College of Financial Planning, Bajaj Capital Group Co. held on 6th March, 2020 in seminar hall.

We had a motivational session with the entrepreneur, Mr.Rishi Taparia who had come to us to tell and aware students about the Certified Financial Planning Course which will help in quality of life. Firstly, he explained what Financial Planning mean, why it is good for future and how it can be done, then informed students about the Certified course

which his institution offers. This course is career oriented and specialization in this course will help in both, personal and professional life of a person. This will help in building career and securing future. He also mentioned, clarifying about the course, that it contains 5 modules and is of minimum 8 months. Atleast 5 years of working experience is needed to become a financial doctor and this will provide global certification. In his speech, he informed that Warren Buffett, one of the world's richest men invests 10% of his every earning, and then he explained that how investment works as a risk mitigation in future. Trust of clients is the most important factor in this line. Lastly, they collected their institute's forms that were distributed among the students to fill in the details whether they wanted to know more about financial planning and the course. He ended the session with his valuable words "Use your time make yourself employable".

REPORT 6

Experience Sharing talk by Award Winning Entrepreneur Madhu Raj – 6th March,2020

"Creativity is making marvellous out of the discarded"

An award winner entrepreneur, Mrs. Madhu Raj and her team took an initiative to utilise the waste biodegradable materials in making useful products. And they sell these products at very low non- profitable rates. We, the team of Jagriti, women's development cell, Bharati College being in support of such creative ideas, making best out of waste and pollution free environment, organized a display of variety of their products on 6th March,2020.

There were lot of stuffs with them to display like idols of Gods, Swastika, dhoop, dhoop stand, hawan kund,etc. And all of these were made up of floral waste from temples in Gurgaon. Through flower cycling technology they convert tons of floral waste into organic materials used in temples and homes. They titled these as "Tera Tujhko Arpan".

Many designer school bags, Tote bags, kurtas, duppattas made up of waste pieces of cloth and jeans were also there. Most attractive thing among all varieties of handmade earrings. These beautiful things attracted students, professors, staffs and all of us present there.

Lastly, after the display all the Jagriti team members played gulaal with each other and the teachers since it was the last working day before Holi.

THANK YOU